



Are you a foster or kinship carer?

Do you want to build positive relationships with children in your care?

Understand children's behaviour and know how to respond?

Encourage self esteem and resilience?

Come along to these 5 sessions to learn strategies, share stories and take some time out for you!

WHEN: Fridays for 5 weeks

11th October to 8th November

TIME: 10.30am – 12.30pm

WHERE: Anglicare Victoria

190 Commercial Rd

MORWELL

Free. Bookings essential. COST:

Bookings and further information:

Parentzone Gippsland on 5135 9555 or parentzone.gippsland@anglicarevic.org.au

