

## LET'S TALK ABOUT PARENTING A Parents Building Solutions Program

Do you want to know how to talk so children will listen?

Understand what is normal children's behaviour?

Communicate better with your child?

Stay connected to your child?

Come along to these 5 sessions to learn strategies, share stories and take some time out for you!

WHEN: Thursdays for 5 weeks

14th November – 12th December

**TIME**: 10am – 12pm

WHERE: Relationships Australia

59 Breed St TRARALGON

**COST**: FREE. Bookings essential.

## Bookings and further information:

Parentzone Gippsland on 5135 9555 or parentzone.gippsland@anglicarevic.org.au

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