



## **DADS DO MATTER** PARENTS BUILDING SOLUTIONS

Open to all Dads, Step-Dads, Single Dads and Grand-Dads, come along to share experiences, learn new strategies & solutions.

- Improving your confidence as a Dad
- Improving communication and closeness with your kid
- Creating a healthy environment for your children
- Learn strategies and tools that work
- Learn how to cope with stress, emotions and anger

**Certificate of attendance awarded**

**DATES:** Mondays-14, 21, 28 October,  
4, 11 & 18 November 2019 (6 weeks)

**TIME:** 6.00pm to 8.30pm

**WHERE:** Dandenong Community & Learning Centre  
34 King Street, Dandenong, VIC 3175

**COST:** FREE

### **BOOKINGS AND ENQUIRIES CONTACT:**

Ali Aziz - 0421227293 or 97925298

Email: [ali.aziz@dandenongnh.org.au](mailto:ali.aziz@dandenongnh.org.au)

Jasbir Singh Suropada on 0431203177

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or text to register