



LYFT UP YOUR FAMILY GROUP

A program for parents & carers of young people (aged 12-25 years) who have challenging behaviours and may also be using alcohol and other drugs in a problematic way

- Are you concerned about your young person's risk taking behaviors?
- Are you struggling to communicate with your young person?
- Are you tired of yelling?

DATES:

Wednesdays for 6 weeks

16th, 23rd, 30th October, 6th, 13th and 20th November

TIME:

6.00pm - 8.00pm

WHERE:

Anglicare Victoria

Level 2, 60-64 Wells St, Frankston

COST:

FREE:

BOOKINGS: Bookings essential

For bookings and enquiries contact:

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