



LYFT UP YOUR FAMILY

A program for Parents & Carers of young people (aged 12-25 years) who have challenging behaviours and may also be using alcohol and other drugs in a problematic way

- Are you concerned about your young person's risk taking behaviours?
- Are you struggling to communicate with your young person?
- Are you tired of yelling?

WHEN: Every Thursday for 6 weeks
February 6th - March 12th 2020

TIME: 5.30pm - 7.30pm

WHERE: Anglicare Victoria
190 Commercial Road, Morwell

COST: FREE

BOOKINGS: Contact Parentzone on 5135 9555 or email parentzone.gippsland@anglicarevic.org.au