



# **BEYOND THE VIOLENCE** FACILITATOR TRAINING - FRANKSTON

Do you want to increase your skills in working with parents and children affected by Family Violence? SUITABLE FOR:

Professionals who have existing group work skills and experience, or a background working with women and children impacted by family violence







Friday 28th February 2020 Friday 6th March 2020 Friday 13th March 2020 All three days need to be attended to be accredited.

- TIME: 9.15am to 4.15pm (Morning Tea, Lunch & Afternoon Tea provided)
- WHERE: Anglicare Frankston Level 2 60-64 Wells Street, Frankston
  - COST: FREE TRAINING

### **Bookings are ESSENTIAL.**

Call Erin Surrey on 0438 459 891 Email: Erin.Surrey@anglicarevic.org.au Call Reception on 9781 6700



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# BEYOND THE VIOLENCE BACILITATOR TRAINING

# **AIMS**

Beyond The Violence facilitator training will assist participants, through experiential learning, to develop the specialized skills and insight to facilitate the Beyond the Violence group program. All participants will receive a copy of the Beyond the Violence manual.

## **LEARNING OUTCOMES**

### The three day training will assist participants to:

- Understand the impacts of Family Violence on women and children
- Explore strength-based, participant driven group formats
- Identify techniques and strengths for group work, engagement and facilitation
- Increase skills and confidence in supporting families who have experienced violence
- Practice group work skills in a family violence context, within a parents', children's and combined family group

Participants will be provided with live supervision and debriefing.

Training will be delivered by Erin Surrey from Anglicare Victoria, who has have extensive experience in parent and community education

as extensive experience in working with women and children that have experienced family violence.

### WHAT IS THE BEYOND THE VIOLENCE PROGRAM?

Beyond The Violence is an 8 week group for non-violent parents and children who have experienced or are experiencing Family Violence.

The program helps families to establish safety, rebuild family relationships and move forward with their lives following Family Violence.

### The emphasis of the group is on:

- Moving forward in a positive manner
- Re building family relationships
- Building skills parenting skills and children's social skills
- Increasing safety and minimising risk

### The program aims to allow a learning environment where participants are supported to:

- Acknowledge the past and it's impacts
- Establish or re-establish appropriate parent-child
- roles, relationships, responsibilities and trust
- Explore alternative approaches and behaviours that
- respect the rights of the individual and of others
- Feel safe
- Develop self-esteem and positive communication
- skills
- Accept responsibility for one's own actions •
- Set and work toward family goals
- Build hope and trust
- Develop the life families want beyond the violence

# **BTV WILL RUN IN FRANKSTON, CRANBOURNE & DANDENONG DURING 2019-20**

Live supervision and regular debriefing will be available to all those who co-facilitate the eight week BTV program. Completing the 3 day BTV facilitator training is a prerequisite for facilitating the eight week BTV program. **EXPRESSIONS OF INTEREST:** 

If you or your agency would like to partner with us to deliver the Beyond The Violence program call Carol Abery on 0436 007 336 and 9781 6700 or email carol.abery@anglicarevic.org.au

Note: Priority for the facilitator training will be given to professionals who are interested in co-facilitating one or more Beyond The Violence programs during 2019. The programs are being scheduled during school terms in Frankston, Cranbourne and Dandenong.

Communities for Children is funded by the Australian Government







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