

PARENTS TIMEOUT

THE PARENTS TIMEOUT GROUP WILL TALK ABOUT
WHAT WE CAN FIND TOUGH AS A PARENT



Safe and confidential parenting groups

Discuss your parenting concerns

Learn new parenting skills and strategies

Help your kids to grow and develop

FREE

Improve family relationships

Link with other parents

Skilled and supportive facilitators

Take some time out for you

WHEN: Mondays for 6 weeks
3rd Feb to 16th March 2020

TIME: 10am to 12pm

WHERE: Anglicare Victoria
3 Barkly St
WARRAGUL

COST: Free. Bookings essential.

Bookings and further information:
Speak with your allocated worker or contact Parentzone Gippsland on 5135 9555 or parentzone.gippsland@anglicarevic.org.au

