



**FOR PARENTS & CARERS OF CHILDREN WITH A DISABILITY
(including ASD, ADD)**

PARENT PEER SUPPORT GROUPS

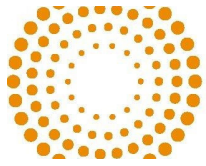
Are you a parent or carer of a child with a disability or developmental delay (with or without a formal diagnosis)? Could you use a bit of support and connection with others who understand?

Come along and join other parents and carers at one of our monthly peer support groups. Share stories and strategies, and have a cuppa, a chat and some laughs with other supportive parents and carers in a casual and comfortable environment. You can come to one or as many groups as you like!

Groups are free of charge and bookings are required

For information on groups, individual support, to sign up for our newsletter, or if you'd like an information session for your community group or organisation, contact on Michelle 0438 646 744

Details for all groups listed over page.



Glen Park
Community Centre



Health
and Human
Services

Groups meet every month, except on public holidays or during school holidays.

LILYDALE

TIME & DAY:

LOCATION:

DATES FOR 2020

10:30 - 11:30AM on the 4th Friday of every month during school terms
Anglicare Victoria, 47-51 Castella St, Lilydale
Feb 28th, March 27th, April 24th, May 22nd, June 26th 2020

RINGWOOD

TIME & DAY:

LOCATION:

DATES FOR 2020

7:00 - 8:00 PM on the 1st Tuesday of every month during school terms
Central Ringwood Community Centre, Rosewarne Lane, Ringwood
,Feb 4th, March 3rd, May 5th, June 9th 2020

VERMONT SOUTH

TIME & DAY:

LOCATION:

DATES FOR 2020:

9:30 - 10:30 AM on the 3rd Tuesday of every month during school terms
Vermont South Special School, 22-30 Livingstone Rd, Vermont South
Feb 18th, March 17th, April 21st, May 19th, June 16th 2020

CHIRNSIDE PARK

TIME & DAY:

LOCATION:

DATES FOR 2020:

10:30-11:30 AM on the 3rd THURSDAY of every month during school terms
Spectrum Journeys 286 Maroondah Hwy Chirnside park Behind King Swim
Feb 20th, March 19th, April 16th, May 21st, June 18th 2020

BAYSWATER

TIME & DAY:

LOCATION:

DATES FOR 2020:

10:30-11:30 AM on the 2nd Wednesday of the month during school terms
Glen Park Community Centre 30 Glen Park Rd, Bayswater Nth
Feb 12th, March 11th, May 13th, June 10th 2020

Free of charge. Bookings are required.
Contact Michelle on 0438 646 744 or
StrengtheningParentSupport@anglicarevic.org.au