



Online Term 3 **BEYOND THE VIOLENCE**

FACILITATOR TRAINING - 6 sessions over 3 weeks

Do you want to increase your skills
in working with parents and children
affected by Family Violence?

SUITABLE FOR:

Professionals who have existing
group work skills and experience,
or a background working with
women and children impacted by
family violence

PARENTZONE



Mon 24 Aug & Tues 25 Aug
Mon 31 Aug & Tue 01 Sept
Mon 07 Sept & Tue 08 Sept

All six sessions need to be attended to be
accredited.

4:00 pm - 8:00 pm

ZOOM Platform.

You will need access to a desktop
computer, laptop or smartphone with
webcam, microphone and internet
connection.

Bookings **ESSENTIAL**.

Call Alison Krusec 0409 316 620 or email
Alison.Krusec@anglicarevic.org.au

BEYOND THE VIOLENCE FACILITATOR TRAINING

AIMS

Beyond The Violence facilitator training will assist participants, through experiential learning, to develop the specialized skills and insight to facilitate the Beyond the Violence group program. All participants will receive a copy of the Beyond the Violence manual.

LEARNING OUTCOMES

The six sessions of training will assist participants to:

- Understand the impacts of Family Violence on women and children
- Explore strength-based, participant driven group formats both in the community and the online space
- Identify techniques and strengths for group work, engagement and facilitation
- Increase skills and confidence in supporting families who have experienced violence
- Practice group work skills in a family violence context, within a parents', children's and combined family group

Participants will be provided with live supervision in the online platform and debriefing.

Training will be delivered by Alison Krusec and Iris Gausch from Anglicare Victoria. Both Alison and Iris have extensive experience in parent and community education working

with women and children that have experienced family violence.

WHAT IS THE BEYOND THE VIOLENCE PROGRAM?

Beyond The Violence is an 8 week group for non-violent parents and children who have experienced or are experiencing Family Violence.

The program helps families to establish safety, rebuild family relationships and move forward with their lives following Family Violence.

The emphasis of the group is on:

- Moving forward in a positive manner
- Re building family relationships
- Building skills - parenting skills and children's social skills
- Increasing safety and minimising risk

The program aims to allow a learning environment where participants are supported to:

- Acknowledge the past and it's impacts
- Establish or re-establish appropriate parent-child roles, relationships, responsibilities and trust
- Explore alternative approaches and behaviors that respect the rights of the individual and of others
- Feel safe
- Develop self-esteem and positive communication skills
- Accept responsibility for one's own actions
- Set and work toward family goals
- Build hope and trust
- Develop the life families want beyond the violence

BTV WILL RUN IN A VARIETY OF SETTINGS BOTH ONLINE AND IN THE COMMUNITY

Live supervision and regular debriefing will be available to all those who co-facilitate the eight week BTV program. Completing the BTV facilitator training along with reflections and readings is a prerequisite for facilitating the eight week BTV program.

If you or your agency would like to partner with us to deliver the Beyond The Violence program call Carol on 03 9781 6792 or email Carol.Abery@anglicarevic.org.au

Note: Priority for the facilitator training will be given to professionals who are interested in co-facilitating one or more Beyond The Violence programs during 2020 - 2021. The programs are being scheduled during the school terms in Cranbourne, Dandenong and Frankston.

PARENTZONE



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