



## **Weekly Online Parent Peer Support Groups**

**For parents & carers of children with a disability  
or developmental delay**

Are you a parent or carer of a child with a disability or developmental delay (with or without a formal diagnosis)? Could you use a bit of support and connection with others who understand?

Come along and join other parents and carers in our weekly parent support group. Share stories and strategies, have a cuppa, a chat and some laughs within the comfort of your own home.

**Groups are offered both during the day and in the evening during the school term.**

**When:**

Tuesdays

**Time:**

7.00- 8.00pm

**Other days and times are also available - contact us to enquire!**

**Where:**

Join us live via Zoom

**Cost:**

Free of charge. Bookings essential

**Bookings:**

Michelle on 0488 501 204 or  
[strengtheningparentsupport@anglicarevic.org.au](mailto:strengtheningparentsupport@anglicarevic.org.au)

**PARENTZONE**



Health  
and Human  
Services