



Dads Building Solutions

In these sessions we will talk about what being a dad means to you. Over the four weeks we will look at the subjects which matter most to you as a dad or male carer. These topics can include communication, discipline, resilience and dealing with feelings.

This parenting programme helps you come up with solutions to common parenting challenges.

DATE: Tuesdays for 4 weeks
25 August, 1st, 8th and 15th Sept
2020

TIME: 6pm to 7.30pm

WHERE: Online Sessions
FREE
Bookings essential

For bookings & inquiries contact: ParentZone on
03 8641 8900 or 0458 550 071
Email parentzone.northern@anglicarevic.org.au



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