

PARENTS BUILDING SOLUTIONS PROFESSIONAL TRAINING (FORMERLY PHILOSOPHY OF PARENTING – POP)

A comprehensive framework for professionals who work with parents. This core training will develop practical tools and strategies that professionals can use with parents in any circumstance.

"This whole training was fantastic and I have learned a lot. It's something I will use with the families I work with." - Family Services Worker

LEARNING OUTCOMES

Engage parents effectively in conversations about their parenting role by using a strengths based, reflective approach

Draw on evidence-based materials from the Parents Building Solutions manual to respond to the expressed needs of parents

Articulate a comprehensive framework for parenting based on family values, relationships, and boundaries

Through individual, family or group-work, support parents to:

- Develop known and agreed rules with their family
- Implement appropriate discipline, including the use of known and agreed consequences
- Develop appropriate expectations for the age and developmental stage of the child
- Help children deal with a range of feelings, and deal with their own feelings as adults
- Build positive family relationships and communication
- Support resilience in children

METHODOLOGY

The program is experiential – combining theory and practice wisdom to give participants fresh insights and practical tools they can use when working with families.

The program Parents Building Solutions, developed by ParentZone, is an evidence based program.

WHO THIS PROGRAM IS FOR?

Anyone who works with parents! A wide variety of people have told us they really benefited from this program - social workers, teachers, psychologists, case managers, children's services workers, family services practitioners, volunteers and residential staff.

WHEN Wednesdays - 14/10, 21/10, 28/10, 04/11, 18/11, 25/11

TIME 9:30am - 1:30pm

WHERE Online via Zoom

COST \$340.00 + 10% GST
(includes PBS Manual-USB)

A limited number of funded places are available free for volunteers, students, ACCOs & Anglicare Victoria staff. Please contact ParentZone for information on the application process.

Participants will receive an electronic copy of the Parents Building Solutions manual. Hard copies of the manual are available for \$93.50 each.

To Register: please complete the attached registration form and email to michelle.brown@anglicarevic.org.au
Following the training, ParentZone may be able to support your organisation to implement learnings from the training through co-facilitating parenting groups.

For more information contact:

Michelle Brown – 0429 174 150
michelle.brown@anglicarevic.org.au

PARENTZONE

**BETTER
TOMORROWS**

2020 PROFESSIONAL DEVELOPMENT PROGRAMS - APPLICATION FORM

To register for a Parentzone professional development program, please complete and return this form to michelle.brown@anglicarevic.org.au

Places will be confirmed via return email.

First Name:		Surname:	
Agency:			
Position:			
Address:			
Suburb:		Postcode:	
Phone:			
Email:			
Register For:	Training Only <input type="checkbox"/> \$340 (incl GST)	Training & Manual <input type="checkbox"/> \$ 435 (Incl GST)	

A limited number of free places are available for volunteers, students, Anglicare Victoria staff and ACCOs. If you think you may be eligible, please contact us to discuss how you can apply.

Terms & Conditions: Places are subject to availability. Payment is by cheque or EFT transfer only. Fees will only be refunded if participants withdraw prior to 10 working days before the training date.

Payment:

This form serves as a TAX INVOICE upon receipt of payment.
Anglicare Victoria ABN: 97 397 067 466

- ☐ Cheque (enclosed) payable to Anglicare Victoria
- ☐ EFT transfer: please contact for details

Office Use only: Payment rec. ___/___/___ Amt Rec \$: _____ Receipt No: _____
Confirmation sent: