



Let's Talk About Parenting Teens

Parents Building Solutions

• Do you want to know how to talk so your teen will listen?

• Understand what is normal teenager behaviour?

• Communicate better with your teen?

• Stay connected to your teen?

Come along to these 5 sessions to learn strategies, share stories and take some time out for you!

DATES: Wednesdays 28th October to

2nd December 2020 (no session on 4th November)

TIME: 10:30am to 12:30pm

WHERE: Online via Zoom

COST: FREE. Bookings essential.

For bookings & enquiries contact: Parentzone Gippsland on 03 5135 9555 or email parentzone.gippsland@anglicarevic.org.au

PARENT*ZONE*

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