



# Peaceful Parenting Webinar

**Peaceful Parents Equals Happy Kids**

**Webinar for Parents of Children Aged 2 to 12 years**

Do you want to:

- Learn ways to deal with anger and anxiety in your children and in yourself?
- Improve communication and relationships with your children?
- Discover strategies to manage challenging behaviour?
- Take care of your own emotional wellbeing and resilience?

**When:** Wednesday 28 October 2020

**Time:** 7:00 to 8:30 pm

**Where:** Online via Zoom

**Cost:** Free of charge for parents and carers in Melbourne's Eastern Region.

**Bookings:** Via Try Booking link below  
<https://www.trybooking.com/BLTNU>

**PARENTZONE**

