



## Weekly Online Parent Peer Support Groups For parents & carers of children with a disability or developmental delay

Are you a parent or carer of a child with a disability or developmental delay (with or without a formal diagnosis)? Could you use a bit of support and connection with others who understand?

Come along and join other parents and carers in our weekly parent support group. Share stories and strategies, have a cuppa, a chat and some laughs within the comfort of your own home.

Groups are offered both during the day and in the evening during the school term.

## When:

Thursdays Time: 1.30pm - 2.30pm **Other days and times are also available contact us to enquire!** Where: Join us live via Zoom

Cost:

Free of charge. Bookings essential Bookings:

Michelle on 0488 501 204 or

strengtheningparentsupport@anglicarevic.org.au

## PARENT*ZONE*



Health and Huma Services



anglicarevic.org.au