



Emotion Focused Parenting Webinar

A Parents Building Solutions Program

Would you like tips and strategies to:

- Deal with strong emotions such as anxiety and anger.
- Help your child learn to manage their emotions and deal with conflict?
- Manage challenging behaviours?

Children with emotional intelligence:

- Have greater success with making and keeping friends
- Show improved concentration at school
- Have fewer illnesses

When:

Wednesday December 9th 2020
7.00pm - 8.30pm

Where:

Online - Via Zoom

Cost:

Free of charge

Bookings:

<https://www.eventbrite.com/e/emotion-focused-parenting-webinar-tickets-122332703409>

PARENTZONE

