



## Online Term 2 **BEYOND THE VIOLENCE** FACILITATOR TRAINING - 6 sessions over 3 weeks

Do you want to increase your skills  
in working with parents and children  
affected by Family Violence?

### **SUITABLE FOR:**

Professionals who have existing  
group work skills and experience,  
or a background working with  
women and children impacted by  
family violence

Wed 14th April & Thurs 15th April  
Wed 21st April & Thurs 22nd April  
Wed 28th April & Thurs 29th April

All six sessions need to be attended to be  
accredited.

9:30am - 1:30pm

Free Training!

ZOOM Platform.

You will need access to a desktop  
computer, laptop or smartphone with  
webcam, microphone and internet  
connection.

Bookings are **ESSENTIAL**.

Call Erin Surrey 0438 459 891 or email  
[Erin.Surrey@anglicarevic.org.au](mailto:Erin.Surrey@anglicarevic.org.au)

# BEYOND THE VIOLENCE FACILITATOR TRAINING

## AIMS

Beyond The Violence facilitator training will assist participants, through experiential learning, to develop the specialized skills and insight to facilitate the Beyond the Violence group program. All participants will receive a copy of the Beyond the Violence manual.

## LEARNING OUTCOMES

**The six sessions of training will assist participants to:**

- Understand the impacts of Family Violence on women and children
- Explore strength-based, participant driven group formats both in the community and the online space
- Identify techniques and strengths for group work, engagement and facilitation
- Increase skills and confidence in supporting families who have experienced violence
- Practice group work skills in a family violence context, within a parents', children's and combined family group

Participants will be provided with live supervision in the online platform and debriefing.

Training will be delivered by Erin Surrey from Anglicare Victoria. Erin has extensive experience in parent and community education working with women and children that have experienced family violence.

## BTV WILL RUN IN A VARIETY OF SETTINGS BOTH ONLINE AND IN THE COMMUNITY

Live supervision and regular debriefing will be available to all those who co-facilitate the eight week BTV program. Completing the BTV facilitator training along with reflections and readings is a prerequisite for facilitating the eight week BTV program.

If you or your agency would like to partner with us to deliver the Beyond The Violence program call Selma on 03 9781 6792 or email [Selma.Ramic@anglicarevic.org.au](mailto:Selma.Ramic@anglicarevic.org.au)

**Note:** Priority for the facilitator training will be given to professionals who are interested in co-facilitating one or more Beyond The Violence programs during 2020 - 2021. The programs are being scheduled during the school terms in Cranbourne, Dandenong and Frankston.

## WHAT IS THE BEYOND THE VIOLENCE PROGRAM?

Beyond The Violence is an 8 week group for non-violent parents and children who have experienced or are experiencing Family Violence.

The program helps families to establish safety, rebuild family relationships and move forward with their lives following Family Violence.

**The emphasis of the group is on:**

- Moving forward in a positive manner
- Re building family relationships
- Building skills - parenting skills and children's social skills
- Increasing safety and minimising risk

**The program aims to allow a learning environment where participants are supported to:**

- Acknowledge the past and it's impacts
- Establish or re-establish appropriate parent-child roles, relationships, responsibilities and trust
- Explore alternative approaches and behaviors that respect the rights of the individual and of others
- Feel safe
- Develop self-esteem and positive communication skills
- Accept responsibility for one's own actions
- Set and work toward family goals
- Build hope and trust
- Develop the life families want beyond the violence