



Adjusting to Parenthood

A Parents Building Solutions single session

- Are you a first time parent or new to parenting?
- Want to explore what influences how we parent?
- Build safe and secure relationships with your child?
- Learn about your child's development?

Join us to talk with other new parents, learn strategies, share stories and take some time out for you!

DATES: Two available sessions - Tuesday 27th July and 31st August 2021

TIME: 10:00am to 12:00pm

WHERE: Online via Zoom

COST: FREE. Bookings essential.

For bookings & enquiries contact:
Parentzone Gippsland on 03 5135 9555 or email
parentzone.gippsland@anglicarevic.org.au

PARENTZONE