



Getting on Top of Routines

A Parents Building Solutions single session

• Do you struggle with your child's routine?

• Find it hard to leave the house on -time?

• Feel like bedtime is a battle?

Maintaining your child's routine can be challenging. Join us to talk with other parents, learn the importance of routines and gain tips for staying on top of them! **DATES:** Wednesday 4th August 2021

TIME: 10:00am to 12:00pm

WHERE: Traralgon East Community

Centre, Cameron St, Traralgon

COST: FREE. Bookings essential.

For bookings & enquiries contact: Parentzone Gippsland on 03 5135 9555 or email parentzone.gippsland@anglicarevic.org.au

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