



**STRENGTHENING PARENT  
SUPPORT PROGRAM**

**FOR PARENTS & CARERS OF CHILDREN WITH A DISABILITY  
(including ASD, ADD)  
PARENT PEER SUPPORT GROUPS**

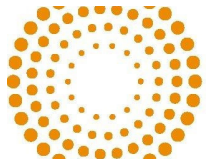
Are you a parent or carer of a child with a disability or developmental delay (with or without a formal diagnosis)? Could you use a bit of support and connection with others who understand?

Come along and join other parents and carers at one of our monthly peer support groups. Share stories and strategies, and have a cuppa, a chat and some laughs with other supportive parents and carers in a casual and comfortable environment. You can come to one or as many groups as you like!

Groups are free of charge and bookings are required

For information on groups, individual support, or if you'd like an information session for your community group or organisation, contact on Michelle 0438 646 744

**Details for all groups listed over page.**



Groups meet every month, except on public holidays or during school holidays.

**Term 3 2021**

**MT EVELYN**

**TIME & DAY:**

10:30 - 11:30AM on the 4th Friday of every month during school terms

**LOCATION:**

Mt Evelyn Community House, 50 Wray Cres, Mt Evelyn

**DATES FOR**

July 23rd & August 27th

**Term 3 2021**

**BAYSWATER**

**TIME & DAY:**

10:00-11:00 AM on the 2nd Wednesday of the month during school terms

**LOCATION:**

Glen Park Community Centre 30 Glen Park Rd, Bayswater Nth

**DATES FOR**

July 14th & August 11th & September 8th

**Term 3 2021**

**ONLINE GROUP**

**TIME & DAY:**

Fortnightly on Thursday mornings

**LOCATION**

10:30-11:30

**DATES FOR**

via zoom

**Term 3 2021**

July 15th & 29th, August 12th & 26th, September 9th

**LIVING WITH AUTISM**

**PARENTING GROUP**

7-8.30pm Wednesday nights

**TIME & DAY:**

7 week parenting program to come together with other parents living with with Autism. This program is an opportunity to ask questions about the autism spectrum and we can support you to consider different approaches/strategies to help with parenting.

**LOCATION**

via zoom

**DATES FOR**

starting July 27th-September 1st 2021

**Term 3 2021**

**LIVING WITH AUTISM**

**SUPPORT GROUP**

An informal peer support group for parent/carers living with children with autism

**TIME & DAY:**

Fortnightly Tuesday Evenings 7-8pm

**LOCATION**

Zoom

**DATES FOR**

July 13th, & 27th, August 10th & 24th, September 6th

**Term 3 2021**

**Free of charge. Bookings are required.**

**Contact Michelle on 0438 646 744 or**

**[StrengtheningParentSupport@anglicarevic.org.au](mailto:StrengtheningParentSupport@anglicarevic.org.au)**