



## **Raising Teens | Online**

## **Parents Building Solutions**

• Do you want to learn how to talk so teens will listen?

• Help you teen problem solve and resolve conflict?

 Communicate better with your teen and stay connected?

Come along to these 5 sessions to learn strategies, share stories and take some time out for you!

**DATES:** Fridays 20th August to 17th

September

**TIME:** 10:30am to 12:30pm

**WHERE:** Online via Zoom

**COST:** FREE. Bookings essential.

For bookings & enquiries contact: Parentzone Gippsland on 03 5135 9555 or email parentzone.gippsland@anglicarevic.org.au

PARENTZONE