



ONLINE ZOOM-PARENTING TEENS PARENTS BUILDING SOLUTIONS

Open to Parents & Carers of Teenagers. Come & share experiences, ideas and learn strategies that work. Join in using Laptop/IPAD/Mobile phone.

- How to get your teenager to listen, without having to yell?
- Building a better relationship with your teens.
- Feeling stuck or struggling with your teenager?
- Discuss and share strategies that work.
- What's happening emotionally, physically and socially with your teen?

Dates: Tuesdays
3, 10, 17, 24, 31 Aug. & 7 Sept. 2021

Time: 6.00pm - 7.30pm

Cost: FREE

Venue: ONLINE ZOOM

To Register:- Call / Text 0438 004 285 or
Email: jasbir.suopada@anglicarevic.org.au
Jasbir Singh Suopada- Parentzone

PARENT*ZONE*