



Dealing with your Child's Anger | Online

A Parents Building Solutions program for parents of children and preteens with challenging behaviour.

Do you want to:

- Learn how to help your child with their BIG feelings?
- Build a positive relationship with your child?
- Talk to your child so they will listen?
- Create rules and consequences that your children will respect?

Come along to these 5 sessions to learn strategies, share stories and take some time out for you!

DATES: Mondays 1st November to 29th November 2021

TIME: 10:30am to 12:30pm

WHERE: Online via Zoom

COST: FREE. Bookings essential.

For bookings & enquiries contact:
Parentzone Gippsland on 03 5135 9555 or email
parentzone.gippsland@anglicarevic.org.au

PARENTZONE