



Raising Teens | Online Parents Building Solutions

- Do you want to learn how to talk so teens will listen?
- Help your teen problem solve and resolve conflict?
- Communicate better with your teen and stay connected?

Come along to these 5 sessions to learn strategies, share stories and take some time out for you!

DATES: Fridays 22nd October to 19th November

TIME: 10:30am to 12:30pm

WHERE: Online via Zoom

COST: FREE. Bookings essential.

For bookings & enquiries contact:
Parentzone Gippsland on 03 5135 9555 or email
parentzone.gippsland@anglicarevic.org.au

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