



Parents Building Solutions

PARENTZONE

Transitioning to the New Normal A FREE, FOUR WEEK PROGRAM ONLINE

Coming out of lockdown and re-establishing family routines may feel like an obstacle...

- Would you like to explore how to re-establish school and home routines?
- Do you feel you may need strategies to respond to your child's uncertainty and anxiety?
- Would it be helpful to find ways to prepare for a summer holiday that may look different to what it usually does?

DATE: Wednesdays, 10th November - 1st December 2021

TIME: 12.30 p.m. - 2.00 p.m.

WHERE: Online - Zoom

For enquiries contact:
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OR to register, scan the QR code