



## **Dealing with your Child's Anger | Online**

# A Parents Building Solutions program for parents of primary school aged children with challenging behaviour.

Do you want to:

- Learn how to help your child with their BIG feelings?
- Build a positive relationship with your child?
- Talk to your child so they will listen?
- Create rules and consequences that your children will respect?

Come along to these 5 sessions to learn strategies, share stories and take some time out for you! DATES: Mondays 28th February to 4th April 2022 (no session 14th March)

#### TIME:

10:30am to 12:30pm

#### WHERE:

Online via Zoom

### COST:

FREE. Bookings essential.

For bookings & enquiries contact: Parentzone Gippsland on 03 5135 9555 or email parentzone.gippsland@anglicarevic.org.au

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