



Parents Building Solutions

PARENTZONE

COMMUNICATION THAT WORKS WELL

ONLINE - Free Parenting Session

AS A PARENT, DO YOU:

- Feel as though you talk, but nobody in your family listens to you?
- Find yourself feeling frustrated and yelling?
- Wonder how to teach your children to communicate respectfully and listen to each other?

You are not alone! Communication in families is a challenge many parents face. This session offers you the opportunity to explore strategies to change communication patterns in your family.

DATE: Tuesday, 8th March 2022

TIME: 6.15 - 7.45 p.m.

WHERE: Online - Zoom

For enquiries contact:

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OR to register, scan the QR code

