



# Dads Matter

## Dad's at their best - helping children to thrive

Are you a dad who would like to:

- Better understand your importance in your child's life?
- Have agreements that work?
- Further develop your relationship with your young people?
- Get your head around what they need from you?

Come along to these 6 online sessions. Share strategies, strengths and stories. Take some time out for you and celebrate the importance of being a Dad!

**When:** Mondays (6 evening sessions)  
14th February - 28th March 2022  
(No session on 7th March, due to the Labour Day holiday)

**Time:** 7.00pm to 9.00pm

**Where:** Online - Via Zoom

**Who:** Dads

**Cost:** Free (Bookings are essential)

**Bookings or Questions:**

Julia at Parentzone  
9721 3629 or 0400 866 495