



Lyft Up Your Family Group - Term 2

A program for parents & carers of young people (aged 12-25 years) who have challenging behaviours and may also be using Alcohol & Other Drugs in a problematic way.

- Are you concerned about your young person's risk taking behaviours?
- Are you struggling to communicate with your young person?
- Are you tired of yelling?

DATE:	Thursday evenings 12th May - 16th June
TIME:	6:00pm - 8:00pm
WHERE:	Online Microsoft Teams
COST:	FREE booking essential

For bookings & enquiries contact:
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