



## New Year, New Approach - Reimagining Parenting in 2022 Free interactive sessions on ZOOM

## A NEW YEAR OFTEN PRESENTS US WITH NEW CHALLENGES

Come and join other parents to explore:

<u>SESSION 1:</u> Encouraging Positive Behaviours

SESSION 2: Managing Change or Anxiety

SESSION 3: Children on the Spectrum

You are welcome to join any or all of the sessions.

PARENTZONE

**DATE:** Wednesday 9th March

Wednesday 16th March Wednesday 23rd March

**TIME:** 1 - 2.30pm

WHERE: Online (Zoom)

For further information contact:

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Please register using the QR Code or click here to register