



Strengthening Relationships and Resilience in your family

For parents, step-parents, grandparents, families and carers. Join us for a free session to share ideas and experiences.

DEALING WITH FEELINGS

Learn how to cope with stress, emotions and anger.

BUILDING RESILIENCE IN CHILDREN AND PARENTS.

Learning strategies to built confidence

DAY: Thursdays

TIME: 9.30am to 11.30am

WHEN: 16 & 23 June 2022

WHERE: Nar Nar Goon Primary School,
27, Spencer Street, Nar Nar Goon, VIC 3812

COST: FREE

Breakfast Provided

INQUIRIES:

Register via the QR or the link below:

<https://forms.office.com/r/HUCcb7XPHF>

Phone: 03 5942 5311

nar.nar.goon.ps@education.vic.gov.au or

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PARENTZONE

