



Parents Building Solutions Dealing with Big Feelings

A parenting session for parents of pre-primary and primary-aged children
Presented by Parentzone in collaboration with Pronia (www.pronia.com.au)

FEELINGS CAN MAKE US VERY UNCOMFORTABLE!

- In the post-Covid setting, does your child seem to be finding it difficult to connect with their peers in positive ways?
- Does your child struggle to express their feelings appropriately?
- Is your child anxious, angry, frustrated, jealous or sad?
- Would it be helpful to explore what other parents are doing to support their child(ren)?

DATE: Wednesday, 31st August 2022

TIME: 12.15 - 1.30 p.m.

WHERE: Online (Zoom)

COST: FREE

For enquiries contact:

Carey Cole, Parentzone on:
03 9781 6767 or 0437 428 281

carey.cole@anglicarevic.org.au

Or register using the QR Code



PARENTZONE



Celebrating 50 years. Building a stronger community.