



Parents Building Solutions Dealing with Big Feelings

FEELINGS CAN MAKE US VERY UNCOMFORTABLE!

- In the post-Covid setting, does your child seem to be finding it difficult to connect with their peers in positive ways?
- Does your child struggle to express their feelings appropriately?
- Is your child anxious, angry, frustrated, jealous or sad?
- Would it be helpful to explore what other parents are doing to support their child(ren)?

DATE: Monday, 25 July 2022

TIME: 9.15 - 11.00 a.m.

WHERE: Community Room
John Henry Primary School
141 Henry Road
Pakenham

For bookings & enquiries contact:

Carey Cole, Parentzone on:
03 9781 6767 or 0437 428 281

carey.cole@anglicarevic.org.au

Or register using the QR Code



PARENTZONE