



BEYOND THE VIOLENCE FACILITATOR TRAINING - FRANKSTON

**Would you like to develop your skills
when working with parents and
children affected by family violence?**

THIS TRAINING IS SUITABLE FOR:

- Professionals or tertiary students with existing group-work skills, and/or a background/passion for working with women and children impacted by family violence
- Professionals or tertiary students who would like the opportunity to learn group facilitation skills with a trauma-informed approach
- Those wishing to develop their skills and knowledge for working with families affected by family violence

DATE: Tuesdays
1st, August, 8th August and 15th August

TIME: 9.00 a.m. - 4.30 p.m.

WHERE: St Luke's Anglican Church
72 McMahon's Road, Frankston

COST: FREE!

BOOKINGS ARE ESSENTIAL

For more information, contact:

Carey Cole - 0437 428 281
carey.cole@anglicarevic.org.au

The training takes place over three days, all of which must be completed to attain BTV Level One Facilitator Accreditation.

BEYOND THE VIOLENCE

FACILITATOR TRAINING - FRANKSTON

AIMS

Beyond The Violence facilitator training will assist participants, through experiential learning, to develop the specialised skills and insight to facilitate the Beyond the Violence group program. All participants will receive a copy of the Beyond the Violence manual.

LEARNING OUTCOMES

The three day training will assist participants to:

- Understand the impacts of Family Violence on women and children
- Explore strength-based, participant-driven group formats
- Identify techniques and strengths for group work, engagement and facilitation
- Increase skills and confidence in supporting families who have experienced violence
- Practice group work skills in a family violence context, within a parents', children's and combined family group

Participants will be provided with live supervision and debriefing.

Training will be delivered by Carey Cole from Anglicare Victoria. Carey has experience in parent and community education and working with women and children who have experienced family violence.

WHAT IS THE BEYOND THE VIOLENCE PROGRAM?

Beyond The Violence is an 8-week group for non-violent parents and children who have experienced or are experiencing family violence. The program helps families to establish safety, rebuild family relationships and move forward with their lives following family violence.

The emphasis of the group is on:

- Moving forward in a positive manner
- Rebuilding family relationships
- Building skills - parenting skills and children's social skills
- Increasing safety and minimising risk

The program aims to allow a learning environment where participants are supported to:

- Acknowledge the past and its impacts
- Establish or re-establish appropriate parent-child roles, relationships, responsibilities and trust
- Explore alternative approaches and behaviours that respect the rights of the individual and of others
- Feel safe
- Develop self-esteem and positive communication skills
- Accept responsibility for one's own actions
- Set, and work toward, family goals
- Build hope and trust
- Develop the life families want beyond the violence

BTV IS RUN IN FRANKSTON, DANDENONG, ROSEBUD & GIPPSLAND*

Live supervision and regular debriefing will be available to all those who co-facilitate the eight-week BTV program. Completing the three-day BTV facilitator training is a prerequisite for facilitating the eight-week BTV program.

EXPRESSIONS OF INTEREST:

If you or your agency would like to partner with us to deliver the Beyond The Violence program call Carol Abery on 0436 007 336 and 9781 6700 or email carol.abery@anglicarevic.org.au

NOTE: Priority for the facilitator training will be given to professionals who are interested in co-facilitating one or more Beyond The Violence programs during the next 12 months. The programs are being scheduled during school terms in Frankston, Rosebud, Dandenong and Gippsland*.