



## PEACEFUL PARENTING PARENTS BUILDING SOLUTIONS

### PARENTING IS ONE OF THE TOUGHEST JOBS YOU WILL EVER DO ...

Do you sometimes feel as if you're treading water as a parent, and reacting, rather than being proactive? If so, would you like to:

- Improve communication in your family?
- Explore ways to establish positive rules and consequences?
- Having more fun as a parent!

Come along to this interactive free zoom session.

**DATE:** Tuesday 1st August

**TIME:** 1 - 2.30pm

**WHERE:** Online (Zoom) - Please note: this session will not be recorded

**COST:** FREE!

For more information, contact:

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Use the QR code or this link:  
<https://forms.office.com/r/Y5miVAN1ET>

T323 Peaceful Parenting  
REGISTRATION – BRIEF ONE  
SESSION



# PARENTZONE