



## Parenting Tweens & Teens

### Free 6 week Online program

### PARENTS BUILDING SOLUTIONS

**Open to Parents & Carers of Tweens & Teens. Come & share experiences and learn some new strategies. As these are interactive sessions there are no recordings.**

Feeling stuck or struggling with your tween or teenager? How to get them to listen without yelling!!

Building a better relationship with your young people

Dates: Thursday 27 Jul til 31 Aug

Time: 1 - 2.30 pm

Where: Online

Cost: Free

for the whole 6 week program

For more information, contact:

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Register using the QR code or this link:

<https://forms.office.com/r/pet0fPR26D>

T323 Tweens & Teens  
PARTICIPANT REGISTRATION AND  
PRE GROUP PEEM



**PARENT**ZONE

**BETTER  
TOMORROWS**