



PREPARING FOR PREP PARENTS BUILDING SOLUTIONS

PARENTING IS ONE OF THE MOST DIFFICULT JOBS YOU WILL EVER DO, BUT STARTING PREP IS PRETTY TRICKY TOO - FOR EVERYONE IN THE FAMILY!

Join us to explore positive parenting strategies to help your preppie:

- Get used to new routines when they start school.
- Develop their independence and resilience.
- Adapt to change without becoming too anxious.

Session One: Preparing Preps - Strategies to Prepare for Prep (English)

Session Two: Preparing Preps - Strategies to Prepare for Prep (Dari)

Session Three: Anxious Preps - Anxiety and Change (English)

For more information, contact:

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DATE: Tuesdays: 28th November, 5th December (Dari), 12th December

TIME: 9.30 a.m. - 10.15 a.m.
Join us after you have dropped your child for Prep Orientation
For support with registration, please come at 9.00 a.m.

WHERE: Barton Primary School
90 Everlasting Boulevard
Cranbourne West

COST: FREE!

Register using the QR code or this link:
<https://forms.office.com/r/Oj98pu7uf>



PARENTZONE