



## **PARENTING with a Purpose**

### **PARENTS BUILDING SOLUTIONS - 6 week group online**

**For parents, step-parents, grandparents, families and carers of children of all ages. Come join the online interactive 6 week group. Share ideas and feel supported. Free for all. There are no recordings of this session.**

Do you sometimes feel as if you treading water as a parent and reacting rather than being proactive? If so, would you like to:

- Improve communication in your family?
- Explore ways to establish positive rules and consequences?
- Have more peace and fun as a parent!
- Stop the yelling - yours and theirs!

#### **PARENTING IS ONE OF THE TOUGHEST JOBS YOU WILL EVER DO ...**

**DATE:** Tuesdays 10, 17, 24 31 October  
14 and 21 November

**TIME:** 1 - 2.30pm

**WHERE:** Online (Zoom) - Please note: this session will not be recorded

**COST:** FREE!

For more information, contact:  
Michelle Brown - 0429 174 150  
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Use the QR code or this link to register:  
<https://forms.office.com/r/QRV7r233Sd>

Parenting with a purpose T4 2023  
Registration



# **PARENTZONE**