



## S.T.A.R. Kids

### Shine and Thrive through Art and Relaxation

**S.T.A.R Kids is a free creative art therapy group for kids in grades 5 and 6 who have experienced or witnessed family violence.**

S.T.A.R kids is a fun and supportive space that encourages listening and caring.

What other kids say they have learned at S.T.A.R. Kids:

- "How to be positive about myself"
- "How to relax myself"
- "Other people actually like me"

All materials will be provided  
No artistic skills required

**DATES:** Tuesdays during school terms - contact us for dates

**TIME:** 4.00pm - 6.00pm

**WHERE:** Doncaster - location to be provided upon registration

**CONTACT:** TRAK Forward on 03 9896 6395 or [trakeast@anglicarevic.org.au](mailto:trakeast@anglicarevic.org.au) to find out more

**S.T.A.R. Kids is a partnership between**

