



## **FOR PARENTS & CARERS OF CHILDREN WITH A DISABILITY (including ASD, ADD) PARENT PEER SUPPORT GROUPS**

**Are you a parent or carer of a child with a disability or developmental delay (with or without a formal diagnosis)?**

**Could you use a bit of support and connection with others who understand?**

**Come along and join other parents and carers at one of our monthly or fortnightly peer support groups.**

**Share stories and strategies, and have a cuppa, a chat and some laughs with other supportive parents and carers in a casual and comfortable environment.**

**You can come to one or as many groups as you like!**

**Groups are free of charge and bookings are required**

**For information on groups, individual support, or if you'd like an information session for your community group or organisation, contact Michelle, from ParentZone Eastern's Strengthening Parent Support Program on 0438 646 744**

**Details for all groups listed over page.**





**Glen Park**  
Community Centre



Health  
and Human  
Services

Groups meet monthly or fortnightly, except on public holidays or during school holidays.  
Groups are free of charge. Bookings are required. Contact Michelle on 0438 646 744  
[StrengtheningParentSupportProgram@anglicarevic.org.au](mailto:StrengtheningParentSupportProgram@anglicarevic.org.au)

## TERM 3 2024

### **BAYSWATER**

**Time:** 10:30-11:30am

**Day:** The 2nd Wednesday of the month during school terms

**Term 3 Dates:** August 14th & September 11th

**Location:** Glen Park Community Centre, 30 Glen Park Rd, Bayswater Nth

### **LILYDALE**

**Time:** 10:30-11:30am

**Day:** The 3rd Tuesday of the month during school terms

**Term 3 Dates:** August 20th & Sept 17th

**Location:** Anglicare office, 47-51 Castella Street, Lilydale

### **ONLINE GROUP**

**Time:** 10:30-11:30am

**Day:** Every second Thursday during school terms

**Term 3 Dates:** July 18th, August 1st, 15th, 29th & September 12th

**Location:** Zoom

### **LIVING WITH ADHD/ADD SUPPORT**

For parents or carers of children who have ADHD/ADD

**Time:** 10:30-11:30am

**Day:** Every second Thursday during school terms

**Term 3 Dates:** July 25th, August 8th, 22nd & September 5th, 19th

**Location:** Zoom

## **"NEW" TREEHOUSE CARER SUPPORT PROGRAM**

For parents or carers of primary school children who are neurodivergent

This free 3-week program is an opportunity for parent/carers to come together in person to learn information, strategies and build connections with other carers who are supporting Neurodivergent children.

To register your interest call Michelle 0438646744

**Time:** 10:30am-12:30pm

**Term 3 Dates:** Tuesdays - August 27th, September 3rd & September 10th 2024

**Location:** Glen Park Community Centre, 30 Glen Park Rd, Bayswater Nth

**PARENT**ZONE