



## PARENTS BUILDING SOLUTIONS

### PEACEFUL PARENTING - 6 week free interactive online program for parents and carers of kids of all ages

- Are you tired of all the yelling - yours and theirs?
- Do you feel like you are reacting rather than knowing how to create more positive parenting and family connections and times?
- Do you have difficulties with increasing school participation?
- Do your children have challenging behaviours for whatever reason - Living with ASD, Trauma, ages and stages of development; gender identity questions?

If your answer to any of these questions is "Yes!", please join us for this parenting program.

**DATES:** Tuesdays - July 30, August 6, 13, 20, 27, September 3

**TIME:** 6.30 - 8pm

**WHERE:** Online - please note there are no recordings of these sessions and people are asked to have their cameras on

**COST:** FREE!

Please register via the link below or the QR code  
<https://events.humanitix.com/t32024-peaceful-parenting-pbs-tuesday-night>

**PARENTZONE**



For more information, contact:

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**BETTER  
TOMORROWS**