



Raising Resilient Kids

A free program for parents of children aged 3 to 12 years

Do you want to:

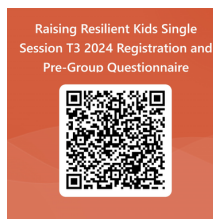
- Help your child cope in what feels like a rapidly changing and often chaotic world?
- Improve their confidence?
- Help your child manage their strong emotions?
- Help them to better understand and manage their anxious feelings?
- Work with them to develop strategies to manage anger?
- Communicate better with your child?

WHEN: Tuesday 3rd September 2024

TIME: 1:00pm - 3:00pm

WHERE: Online

BOOKINGS: Use QR code below



QUESTIONS: Contact Julia on
9721 3629 or 0400 866 495

PARENTZONE