



Tuning in to Kids - Term 2 2025

An engaging six session program designed for parents and carers of children Aged 2-10 years

Based on an easy-to-follow five step emotional coaching approach, Tuning in to Kids empowers families to build stronger relationships and support children's emotional wellbeing.

By participating, you'll learn how to:

- Understand and nurture your child's emotional intelligence
- Confidently coach your child through big feelings by tuning in to their emotions
- Equip your child with tools to manage emotions, solve problems, and navigate challenges
- Teach your child healthy ways to handle conflict and build resilience

Cranbourne Communities for Children Initiative is funded by the Australian Government



DATE: Wednesdays - 28th May to 25th June

(5 sessions)

TIME: 5:30pm - 7:30pm

WHERE: Cranbourne Library

(65 Berwick-Cranbourne Rd, Cranbourne

East)

COST: Free!

Enquiries contact:

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email: erin.surrey@anglicarevic.org.au

Register via link below or scan QR code: https://events.humanitix.com/tuning-into-kids-cranbourne-

library-term-2-2025



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