



Circle Of Security Parenting

An attachment based parenting program

Circle of Security Parenting looks at how parents can build their relationship with their children and enhance attachment, trust and a sense of safety and security for both parent and child.

Research shows that the more secure children are, the more they are able to feel happier, have lasting friendships, have higher self esteem and trust themselves and the people they love.

WHEN: Mondays 28th July - 15th Sept 2025 (8 evening sessions)

TIME: 7:00pm - 9:00pm

WHO: For parents and carers of children aged up to 6 years

WHERE: Online, via Zoom

COST: Free (Bookings essential)

BOOKINGS: [Click Here To Book](#)

QUESTIONS: Call Julia
on 9721 3629 or 0400 866 495

PARENT**ZONE**

